



MINISTRY OF HEALTH
SINGAPORE

MH 50:01/2

12 Mar 2015

Licensees / Managers of all clinics

**CLARIFICATION ON THE MOH CIRCULAR DATED 4 MAR 2015 ON
“TESTOSTERONE FOR HORMONE REPLACEMENT”**

Please refer to the MOH circular dated 4 Mar 2015 on the provision of Intravenous Infusion of Vitamins, Glutathione and Hormonal Treatment in Licensed Healthcare Institutions, specifically on paragraph 1, the fourth bullet point “Testosterone for Hormone Replacement”. A copy of the circular is attached at Annex for your reference.

2 The fourth bullet point in the circular dated 4 Mar 2015 should be read as **“testosterone for hormone replacement without laboratory confirmation of testosterone deficiency”**. If there is laboratory confirmation of testosterone deficiency, then the use of testosterone would not be considered as non-evidence based.

3 We hope this clarifies. Please feel free to contact MOH via email at eLIS@moh.gov.sg if you have any queries on this clarification circular.

Thank you.

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MH 50:01/2

04 Mar 2015

Licensees/Managers of all clinics

PROVISION OF INTRAVENOUS INFUSION OF VITAMINS, GLUTATHIONE AND HORMONAL TREATMENT IN LICENSED HEALTHCARE INSTITUTIONS

It has come to Ministry's attention that some clinics are offering the following therapies which are not evidence based:

- Intravenous (IV) Infusion Vitamin B & C for herpes zoster, boosting the immune system for patients on chemotherapy and rehydration following fever and diarrhoea,
- IV Glutathione for fatigue,
- IV injections of progesterone, oestrogen, testosterone, DHEA and thyroid hormones to treat cognitive decline, weight gain, osteoporosis, skin ageing, fibromyalgia and sleep disorders and
- Testosterone for hormonal replacement.

2 The Ministry would like to remind all licensees that non-evidence based treatment shall not be provided in licensed healthcare institutions. Such non-evidence based treatments shall only be conducted in the context of a formal clinical trial with approval from the Health Science Authority (HSA).

3 Continuing practice of non-evidence based treatment will be referred to Singapore Medical Council for further review and may warrant suspension of clinic license and enforcement actions to be initiated against the licensee and practitioner.

4 Please contact MOH via email at eLIS@moh.gov.sg if you have any queries on this circular.

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cc Prof Tan Ser Kiat, President Singapore Medical Council



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